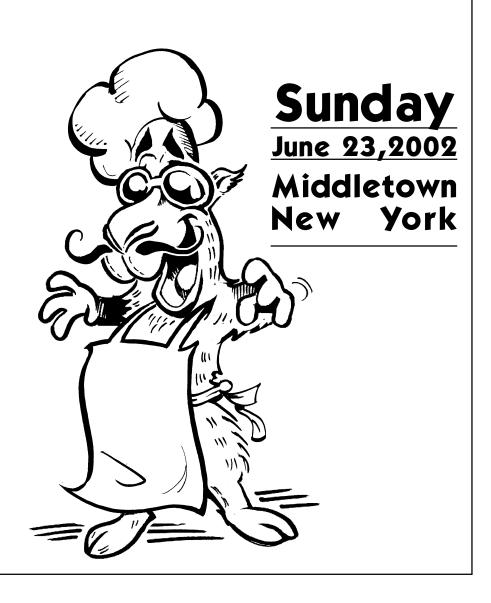
Orange County Country Roads **BICYCLE TOUR**

presented by The Orange County Bicycle Club



hen do we leave? WHEN Sunday, June 23, 2002, rain or shine WHERE All rides start and finish at Middletown Community Campus on Route 78 in Middletown, Ny FEES \$30 - pre-registration only \$35 - day-of \$12 - children under age 12 (Children under 14 must ride with an adult) 62 mile riders - 7:30 a.m. (Last start 8:30 a.m. - no one permitted on 62 route from Alliance rest stop after 10 a.m.) 44 mile riders - 8:30 a.m. 25 mile riders - 10 a.m. 18 mile riders - 10 a.m. 10 mile riders - 10:30 a.m.

DAY OF EVENT REGISTRATION 7:00 - 10:00 a.m.

Important note: Pre-registration is highly recommended. To keep the tour manageable for us and fun for you, we are limiting the number of participants to 1,500.



10 MILES: For families and casual riders. Five miles through the Wallkill area, out to a rest stop of fresh fruit and baked goods and back. One hilly spot in the course.

18 MILES: For families and casual riders. Scenic ride through Howells past farms and horse farms. Gentle rolling hills.

25 MILES: Pass farms, horses, and a babbling brook on a picturesque ride through the Howells and Mt. Hope area. Some short, rolling hills, but with great vistas as payoffs for your uphill pedaling.

44 MILES: Beautiful views and the Sanctuary for Animals, too! Rolling terrain and a few challenging hills, but the views from the hilltops are worth the climbs. Recommended if you are in good shape. **62 MILES:** For strong, experienced riders only

62 MILES: For strong, experienced riders only.
A similar ride to the 44 miler, but with bigger climbs and better views. Picture postcard sights on roller coaster roads, with climbs up Wurtsboro Mountain and Eagles Nest.

THE ORANGE COUNTY BICYCLE CLUB HAS A TRADITION OF PUTTING ON PREMIER TOURS. IF YOU ONLY ATTEND ONE TOUR THIS YEAR, THIS IS THE ONE.

Pedal along picturesque country roads and enjoy the pastoral landscape that is unique to Orange County , New York. Pre-registrants will receive a custom T-shirt to commemorate the day. All participants can partake of breakfast, lunch, and entertainment at the Community Campus, plus the festivities en route.



OUR REST STOPS ARE LEGENDARY, boasting a

variety of homemade baked goods, fresh fruit and other cycling goodies, and with more food than you'll find at an Italian wedding. Each of our five rest stops is

theme-based with lots of entertaining and sometimes demented

surprises. You'll want to stop to try out zucchini bread,

banana bread, chocolate chip cookies, oatmeal raisin cookies, peanut butter and jelly on raisin bread, watermelon, oranges, bananas, sports drinks, water, and whatever else our hordes of bakers whip up.

THE COURSES ARE DESIGNED FOR RIDERS

BY RIDERS. We know that to make a great tour, the details are everything. That's why we've spent countless hours designing the courses, which we will be monitoring throughout the day, providing sag and mechanical support. Many local bike shops will be participating in this effort.

CLEARLY MARKED ROUTES with color-coded road arrows and impressive traffic control at major intersections. Cue sheets, too.

BREAKFAST of pastries generously donated by our sponsor J. J. Cassone Bakery, as well as bagels and spreads.

GOURMET LUNCH after the ride (vegetarian available) with fruit, baked goods, soft drinks, and more. All this while being entertained by a great band, Air Dogs, and belly dancing by Sarah & her Caravan Dancers.



From Pennsylvania and Connecticut:

Take I-84 to Exit 3W Middletown. Turn left at the 2nd light onto Route 78. There is no sign for Route 78, but there's a Texaco gas station on the opposite corner. Travel 2.3 miles on Route 78 through 2 lights to Middletown Community Campus, which will be on your right.

From New York City and New Jersey:

Take I-87 to Exit 16. Get onto Route 17 going west to Exit 121W. At Exit 121W, take I-84 west. Follow directions above from I-84.



Holiday Inn

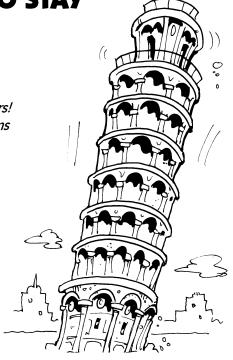
123 Crystal Run Road Middletown, NY 845-343-1474 (Special rates for our riders! Mention Code OCB—rooms will be held until 5/22)

Middletown Motel

Route 211 East Middletown, NY 845-342-2535

Hampton Inn

20 Crystal Run Crossing Middletown, NY 845-344-3400



IMPORTANT STUFF

- All riders must wear helmets throughout the ride, which meet or exceed ANSI standard A90.4.
- Children under 14 must ride with a parent or guardian.
- Roads will be open to traffic; extreme caution must be used while riding.



VOLVO

J.J. Cassone Bakery

Mike Fraysse's Sports Resort & Training Center

Roosa Jewelers

Belly Dancing by Sarah & her Caravan Dancers
The Parker Group

SunBuddy®

Inn-Credible Caterers

Verge · Shaklee

Freemantle Designs

Poland Spring

THANKS TO OUR BIKE SHOP SUPPORTERS

Bicycle Doctor • Cycle Craft Sussex Bike & Sport Dark Horse Cycles



Proceeds from the Country Roads tour benefits two worthy charities. **The Sanctuary for Animals** in Westtown, NY is a nationally recognized, privately owned and operated, non-profit organization that cares for injured and exotic animals that would otherwise be destroyed.

The Hospice of Orange and Sullivan Counties provides appropriate care and support for the terminally ill and their families, focusing on comfort and on enhancing the quality of life.

If you wish to make a special donation to either of these causes, please include a check with your registration form made out to The Sanctuary for Animals or the Hospice of Orange and Sullivan Counties.

∄TTRACTIONS & DISTRACTIONS

PETTING ZOO AND BICYCLE STUFF A few camels and other surprising animals from the Sanctuary's herd will join us for Country Roads festivities. Children can meet some friendly furry faces at our petting zoo. Adults can dream away at the zoo of hypermodern bicycle equipment exhibited by local shops, and apparel and accessories from Verge.

CUSTOM T-SHIRT to commemorate the day for the first 1,000 pre-registrants with registrations postmarked by June 15, so we suggest you register early.

AND RAFFLES, TOO We'll be raffling a Festina watch and a weekend for two at Mike Fraysse's Sports Resort and Training Center.

MUSIC & DANCE

Upbeat hand-clapping rock'n music at lunchtime by Air Dogs. Belly dancing by Sarah & her Caravan Dancers en route at the Alliance oasis and on stage at the picnic site.

MECHANICS & SAG SUPPORT

Very talented local wrenches will give your bike the once-over and take care of mechanical emergencies before and during the ride. Dedicated club members will patrol the courses to troubleshoot and provide a lift to the weary.

For more info:

check out our website: www.sussexonline.com/ocbc/email: bigzip@frontiernet.net • tel: 845-457-6027